# In Touch across North Barrow

# Sunday 29<sup>th</sup>. March 2020 Palm Sunday - the Sunday of the Passion

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# Worship during the day, alone or with household members

You may wish to light a candle and have some reflective music playing in the background.

Hosanna to the Son of David, the King of Israel. Blessed is he who comes in the name of the Lord. Hosanna in the highest heaven! (John 12:13)

In the name of the Father, + and of the Son, and of the Holy Spirit. **Amen.** 

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

#### Collect for today

True and humble King, the crowd hailed you as Messiah then turned against you: may our praise last longer than a day; may we be found beside you on the way of the cross, which is the path of glory.

Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you, and the Holy Spirit, one God, for ever and ever. **Amen.** 

**Readings :** Isaiah 42:1-9; Philippians 2:5-11; Matthew 27:11-54 or during the week from the daily prayer and readings,

#### The Palm Sunday Gospel

21: 1. As they approached Jerusalem and came to Bethphage on the Mount of Olives. Jesus sent two disciples. 2 saving to them. "Go to the village ahead of you, and at once you will find a donkey tied there, with her colt by her. Untie them and bring them to me. 3 If anyone says anything to you, tell him that the Lord needs them, and he will send them right away." <sup>4</sup> This took place to fulfil what was spoken through the prophet: 5 "Say to the Daughter of Zion, See, your king comes to you, gentle and riding on a donkey, on a colt, the foal of a donkey.' " 6 The disciples went and did as Jesus had instructed them. <sup>7</sup> They brought the donkey and the colt, placed their cloaks on them, and Jesus sat on them. 8 A very large crowd spread their cloaks on the road, while others cut branches from the trees and spread them on the road. 9 The crowds that went ahead of him and those that followed shouted, "Hosanna to the Son of David!" "Blessed is he who comes in the name of the Lord!" "Hosanna in the highest!" <sup>10</sup> When Jesus entered Jerusalem, the whole city was stirred and asked, "Who is this?" 11 The crowds answered, "This is Jesus, the prophet from Nazareth in Galilee."

# **Prayers**

Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day. Keep us from falling into sin or running into danger; order us in all our doings and guide us to do always what is righteous in your sight; through Jesus Christ our Lord. Amen.

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

#### The Lord's Prayer

#### Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.

Let us bless the Lord. Thanks be to God.

Ride on, ride on in majesty!
Hark all the tribes 'hosanna' cry;
O Saviour meek, pursue thy road
With palms and scattered garments strowed.

Ride on, ride on in majesty!
The winged squadrons of the sky
Look down with sad and wondering eyes
To see the approaching sacrifice.

Ride on, ride on in majesty!
Thy last and fiercest strife is nigh;
The Father on His sapphire throne
Expects His own anointed Son.

Ride on, ride on in majesty!
In lowly pomp ride on to die!
Bow Thy meek head to mortal pain,
Then take, O God, Thy power, and reign!

# LECTIO DIVINA

#### LECTIO

- "Read"
- Read several times, be attentive to detail
- Note verses or phrases that stand out to you
- Work to understand the meaning and background

## **MEDITATIO**

- "Meditate"
- Think about the reading and how it connects to your life
- Imagine being present to hear the passage or witness the story

# **CONTEMPLATIO**

- "Contemplate"
- Quiet expression of love between you and God
- Note what God is trying to teach you through the passage and time of prayer

# **ORATIO**

- "Pray"
- Dialogue with God about the passage
- Thank God for His Word
- Ask Him to lead you to a deeper understanding

### Reflections during the week using Lectio Divina

Use the verse, or verses, for each day following the pattern on the previous page. Each colour corresponds to a day of the week. Write any reflections, or ways in which you feel God is spaking to you in the boxes on the following page.

# **Verses from Psalm 31** A Psalm of David. Prayer and Praise for Deliverance from Enemies

- <sup>1</sup> In you, O Lord, I seek refuge; do not let me ever be put to shame; in your righteousness deliver me.
- <sup>2</sup> Incline your ear to me; rescue me speedily.

Be a rock of refuge for me, a strong fortress to save me.

- <sup>9</sup> Be gracious to me, O Lord, for I am in distress;
   my eye wastes away from grief, my soul and body also.
   I have become like a broken vessel.
- <sup>13</sup> For I hear the whispering of many terror all around!—as they scheme together against me, as they plot to take my life.
- <sup>14</sup> But I trust in you, O Lord; I say, 'You are my God.'
- <sup>15</sup> My times are in your hand.
- Let your face shine upon your servant; save me in your steadfast love.
- Love the Lord, all you his saints.The Lord preserves the faithful,but abundantly repays the one who acts haughtily.
- <sup>24</sup> Be strong, and let your heart take courage, all you who wait for the Lord.

SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
CATURDAY
SATURDAY
REFLECTIONS
REFLECTIONS

### **NEWS AND NOTES**

Support HUB St Mary's Hospice and AgeUK Barrow have opened a support Hub at the Living Well Centre to offer advice and support to those who are elf-isolation within the community. This is NOT for medical advice - for that call 111 or 999 in an emergency.

Support Hub 9am - 5pm Mon to Fri. Call 01229 444407 Drop off point for food/ essentials to make up hampers Living well Centre, Duke Street, Barrow LA14 1XU

**Distribution**: If you have received this by post and have an email address, please let Fr. Jack know so that we can send it electronically.

The Sunday Worship video is available on the St. James facebook page from Sunday morning.

Stewardship and giving: Please continue to put aside your weekly envelopes. If there are those who can safely transfer their giving to Direct Debt, then please do so. While our churches may not be open there are still costs both locally and for the Diocese.

#### Resources:

Radio and TV: Radio Cumbria Morning Service at 8.00am

> CandoFM (106.3) Faith in Furness at 10.30am BBC Morning Worship at 10.45 on BBC1

For those who are online, the Church of England website has daily and Sunday resources to watch, download and join in with, along with a Lent course.

The website is: churchofengland.org

### **DAILY PRAYER and BIBLE READINGS**

SUNDAY Give thanks that out of love for us, Jesus willingly

entered Jerusalem and for our salvation, embraced the

cross, its horror and shame.

**MONDAY** Isaiah 42:1-7, John 12:1-11

Pray for the staff of Furness General Hospital as they

treat those suffering most from the virus.

TUESDAY Isaiah 49:1-6, John 13:21-38

> Pray for the confidence to stand with Christ in his sufferings, that we might also share in his glory.

WEDNESDAY Isaiah 50:4-9, Matthew 26:14-25

*Pray for* our bishops James and Emma in thier ministry

and leadership.

MAUNDY

Exodus 12:1-14, 1 Corinthians 11:23-26, John 13:1-15 **THURSDAY** Pray for the ongoing conversations between the Council

and the Mission Community about creating local hubs.

GOOD **FRIDAY**  Isaiah 52:13-53:12, Hebrews 4:14-16,5:7-9,

John 18:1-19:42

Pray for those we know who are ill or struggling with

their mental health during the 'lockdown'.

HOLY

1 Peter 3:17-22. Matthew 27:57-66

SATURDAY Pray that in the strangeness of exile, we would

discover afresh the victory of Easter and the presence

of the risen Christ.

If you have prayer requests / thanksgivings, then please let Fr. Jack know either by email or 'phone.

#### **NEXT SUNDAY EASTER DAY**

Acts 10:34-43; 1 Corinthians 3:1-4; Matthew 28:1-10

Alleluia! Christ our passover has been sacrificed for us; let us celebrate the feast then, in the Lord. Alleluia!